**MIT Kit List**

***Tent:***

* Sleeping bag (minimum 3 season)
* Sleeping mat or self-inflating mat
* Sleeping bag liner (optional)
* Tent (Maximum size - 4 person)
* Mallet
* Tent Pegs

***Clothing:***

* Rucksack (65 litre max size)
* Waterproof coat & trousers
* Waterproof Gloves
* Head torch with spare batteries
* Socks
* Thermal underwear
* Clothes - no JEANS!
* Field uniform
* Woolly hat
* Towel
* Wash Kit
* Toiletries
* Waterproof hiking boots
* Flip Flops (for the shower)

***Cooking:***

* Cooker with fuel
* Food for the duration of the camp including water & juice
* Cutlery
* Washing up liquid, sponge and scourer
* Washing up bowl
* Tea towel
* Water bottle (at least 1 Litre)
* Plastic bags for rubbish

***General:***

* Bible
* Notebook & pen
* Camping knife
* Toilet tissue
* Survival bag
* Ordnance Survey Map (specific details will be provided)
* Map case
* Compass (Recommended Silva: Classic, Field, Ranger, Expedition 4 compass)
* Personal First Aid kit
* Value/Basics Kitchen Roll (to be used for cleaning your tent when packing it away etc.)
* Fully charged portable power bank/portable battery charger
* Rope (to be used for knot tying. More info will be provided)